

Spinach Salad with Eggs

SERVES: 6 PREP TIME: 1 min. COOK TIME: 20 min.

Ingredients:

6 cups fresh spinach

3 large eggs

1/3 cup dried cranberries

½ cup Parmesan cheese, grated

1/4 cup canola oil

1 Tablespoon vinegar (any type)

1 Tablespoon honey

1/4 teaspoon salt

Directions:

- 1. Wash and dry spinach. Remove stems. Tear leaves into bitesized pieces.
- 2. In a medium pot, add eggs. Cover with cold water by one inch. Bring just to a boil. Cover and remove from heat right away. Let sit 15 minutes. Remove eggs. Plunge into cold water to help cool. This will make it easier to peel shells.
- 3. Peel and slice eggs. Chop slices.
- 4. In a large bowl, add spinach, eggs, and dried cranberries. Sprinkle cheese on top.
- 5. In a jar, add oil, vinegar, honey, and salt. Cover tightly with lid. Shake well.
- 6. Just before serving, drizzle dressing over salad. Toss to coat spinach leaves.