

Watermelon Spa Smoothie

SERVES: 1 Ready in: 10 min.

Ingredients:

- 1 cup chopped watermelon
- ½ cup chopped peeled cucumber
- 6 ice cubes
- Squeeze of lime juice
- 2 teaspoons agave nectar or honey
- Mint leaves for garnish



Directions:

- 1. Combine watermelon, cucumber, ice cubes, lime juice, and agave or honey in blender
- 2. Puree until smooth
- 3. Garnish with mint, if desired